Facts

Destination: Tibet  
Trip Grade: 2  
Trip Style: Tour  
Transportation: Private vehicle / By Air  
Meals: Breakfast  
Accommodation: Hotel + Lodges  
Max. Altitude: 3650

Overview

Tibet Cultural Tour is the right excursion for you, if you have massive enthusiasm to encounter the Tibetan Buddhist culture, with their landmarks and ways of life. Tibetan culture is unique than other countries of the world. This remote land, of culture, of wide open spaces, plated roofed sanctuaries, and unpredictably enriched religious communities, is overwhelmed by the antiquated sacred city of Lhasa. Tibet cultural tour offers you probably the most astounding scene on Earth and it is unique among many adventurous trips for explorers on a limited time and budget. Hence, Tibet Cultural Tour with Nepal Trek Adventure and Expedition will be much more fruitful and appealing. It is because of the amazing package itinerary, package cost, and package details.

Tibet Cultural Tour especially encompasses the cultural aspects of Tibet. Tibet is renowned for its unique culture and practices. A standout amongst the most unusual practice that the Tibetans still pursue is Sky Burial practice. It is the burial practice where a dead body of a human is cut into little pieces in certain area normally remote mountains and put on a peak, presenting it to birds. The body is frequently offered to vultures considering vultures as blessed messengers who bring the spirit into the sky. To an outside eye, this mysterious custom may appear to be unsympathetic, yet Tibetan have been following this ritual for centuries with profound belief. Tibetans are also taken as the most polite people. They use incredibly polite language while talking to seniors, people with higher position or even the general people of the same age or same status.

Amid the Tibet Cultural Tour, you will encounter lots of cultural attractions. The people out there have the custom of giving ‘Khata’, a scarf that symbolizes friendliness and sympathy to their visitors. The Khata is considered as extremely flexible present, which is used in any festival including marriage ceremony, birthday events, graduation and many more. Among various Tibetan cultural arts including music, dance and drama are noteworthy, which you can observe in this Tibet Cultural Tour. Tibetan culture is essentially stunning and interesting. Unique Tibetan culture is reflected through architecture, dresses, archery, conventional ceremonies and the regular day to day life of Tibetan individuals. Truth be told, Tibet has everything from resilience to shared amicability to tranquil presence that makes their way of life so rich and important. Tibet Cultural Tour starts with a flight from Kathmandu to Lhasa and extends to Gyantse and Xigatse.
To get permit and visa of Tibet for this Tibet Cultural Tour, and also all of the touring experience in Tibet, you need least a week or 15 days from Nepal. Tibet Cultural Tour visit offers to fly in/fly out through a round course from Tenant to Lhasa of the core of Tibet. It gives you adequate chance to explore the Yarlung Tsangpo valley, development of Tibetan human civilization. By investigating the Yarlung Tsangpo valley with a ship ride over the Tsangpo waterway, we reach Samye, the most seasoned religious community having a place with the Redcap school. We take on to Yumbhulakhang, the main stronghold worked for a Tibetan ruler, through a fruitful agricultural valley and tombs of the Tibetan rulers, from the seventh century, at that point we continue on the southern course by means of the Yamdrok Tso, the turquoise lake, to Gyantse and Shigatse. Leaving Shigatse, we take the northern course through the picturesque, rough farmland of migrants, zenith, at that point we visit the magical city of Lhasa. The greatest Drepung cloister, Norbulingka Palace, Potala Palace, Kumbum pagoda, Tashilumpo Monastery, Barkhor Street is the real fascination of our visit. The outing is additionally featured by the magnificent snow-shrouded highpoints and one of a kind overland scenes.

Join Tibet Cultural Tour (excursion) with NTA team; we help you to make an outing of lifetime favorite by religious qualities and extents.

**Itinerary Details**

**Day 01 : Flight from Kathmandu to Lhasa**

After check-in, you can have a decent rest first. Moreover, in the event that you feel like to go out, you can roam around the city. However, don't take a lot of stuff, just go with a light pack. In the meantime, drink some more water. It's extremely valuable to adjust the high elevation. One night stay in Lhasa.

**Day 02 : Samye Monastery**

On the second day of our tour, we will move toward Samye Monastery. It is 123.1km far from Lhasa. The monastery combined Chinese, Tibetan and Indian building styles. The format was planned totally as the ideal world found in Buddhist sacred texts. It is the main specialist Buddhist monastery in Tibet. For more than 1,200 years of history, it is one of the most persuasive monasteries in Tibet. In this monastery, there was debating about Buddhism between the old Indian Buddhism and Chinese Buddhism.

**Day 03 : Drive to Gyantse**

Gyantse, the third biggest city in Tibet delights all types of explorers. It is additionally a standout amongst the most well-known destinations in Tibet, soon after Lhasa, Mount Everest and Namtso. Gyantse is well-known for the outlandish history, tremendous culture and a great scene. Palcho Monastery is the No. 1 fascination you should visit in Gyantse.
The popular Kumbum lies in this religious community. In the event you got some time, you can endeavor to move to the summit of the overwhelming Gyantse Dzong to appreciate an all-encompassing perspective on Gyantse Old Town.

**Day 04 : Drive to Xigatse**

Situated around 300 Km far from Lhasa Xigatse City is the second biggest city in Tibet. The word Xigatse signifies ‘fertile land’. Situated at the height of 3500 m over the ocean level Xigatse city gets the biggest number of traveler and explorers consistently in Tibet. This is presumably on the grounds where the city is found and what it offers to its guests. History of the stupendous city goes back 600 years back. The city is situated at marginally high elevation, however, the summers are lovely and somewhat wet. The winters in Xigatse city are truly cruel. The breezes are cold and dry and you will require a touch of readiness to visit in this city in winter. Visiting the Xigatse city is significant from a fiscal perspective as well.

**Day 05 : Drive to Lhasa**

Drive to Lhasa by means of Northern highway and visit Norbulingka Palace. Norbulingka Palace, on the west edge of Lhasa city, is the greatest synthetic greenery enclosure in Tibet Autonomous Region. Close-by Potala Palace, Norbulingka, in Tibetan, mentions to "Park of Treasure" and used to be the late spring royal residence of Dalai Lamas to manage the administrative issues and hold religious exercises. As one piece of the notable collection of the Potala Palace, it was added to World Heritage Sites in 2001.

**Day 06 : Sightseeing in Lhasa**

Today we'll visit different Buddhist religious communities including Sera Monastery, a standout amongst the best-protected religious communities in Tibet, where a few hundred priests live and examine inside its whitewashed dividers and brilliant rooftops. After lunch, we'll visit the Jokhang Temple, potentially the most consecrated place of worship in Tibet and there is continuously a parade of faithful Tibetans through the complex. Encompassing the Jokhang is the Barkhor - a labyrinth of restricted cobbled boulevards, the focal market of Lhasa.

**Day 07 : Sightseeing in Lhasa**

At the beginning of today, we will visit the Potala Palace which commands the city of Lhasa. A breathtaking structure, it contains the private quarters of the Dalai Lama just as various terrific staterooms and numerous significant sanctuaries. There has been a royal residence on this site since the fifth or sixth century, yet the present castle was built in the seventeenth century. After lunch, we'll visit the Drepung Monastery, which was established in the fourteenth century and was before the biggest on the planet, with a populace of around 10,000 priests. Nowadays that figure is down to a few hundred, yet there is still much here of enthusiasm as it was left generally sound amid the Cultural
Revolution.

**Day 08 : Fly from Lhasa to Kathmandu**

This remote land, of culture, of wide open spaces, plated roofed sanctuaries and unpredictably improved religious communities are ruled by the antiquated blessed city of Lhasa. An air of enchantment and riddle anticipates you, with lofty perspectives on the marvelous Himalayas, which additionally incorporates Mount Everest, obvious from the Tibetan side.

**Day 09 : Kathmandu Departure Day**

Our tour in Nepal ends today and our representative will drop you at the airport. See you soon!!

**Cost Includes**

- All air terminal Pick up and Drop
- Tibet Travel Permit, extra charges
- Visits and exchanges with English talking guide
- All land transport in private vehicle (small van, van, hi-ace relies upon gathering size)
- Breakfast each day

**Cost Excludes**

- Flight Ticket (Kathmandu-Lhasa/Lhasa-Kathmandu)
- Flight Tax at Kathmandu airplane terminal (Rs.1600)
- Lunches and Dinners; refreshments, packaged/mixed beverages
- Any tips (lodgings, eateries, direct, driver, and so forth.)
- Photography charges at cloisters/castles/locales
- Nepal re-entry Visa (various section visas are accessible)
- Any administrations in Kathmandu/Nepal (inns, transport, and so forth)